



10700 Staples Mill Road | Glen Allen, Virginia 23060
Phone: (804) 501-3300 | Fax: (804) 501-3309

Glen Allen High School

The KNOW Newsletter

October 16, 2022 (vol. 6, issue 8)



Parent-Teacher-Student Conferences

Sign-ups are now open for Parent-Student-Teacher Conferences, which will take place on **Tuesday, October 25, from 4:30-7:30 PM** at GAHS. You can sign up by visiting tiny.cc/GAconference. Detailed information and instructions can be found here:

<https://docs.google.com/document/d/1VSuQpwKB9gPcXPwZrrWoeaeEY7rcs0Q5Q4xgU35LVvE/preview>

Digital Citizenship Week

Digital Citizenship Week is October 17-21, 2022

Celebrate the 10th anniversary of Digital Citizenship Week (October 17-21, 2022) by supporting digital citizenship at home. These resources compliment suggestions provided to your student's teachers. Students have also been working through digital citizenship lessons in their English classes. Make sure to ask your student what topics related to digital citizenship they have been learning!

LINK: https://docs.google.com/document/d/106G72gg8vWM8ULKG98teP2w33FW-KgzMIBYMITK_8rg/preview



The School Counseling Department
Mrs. Jaime A. Goldberg, Director

Sophomore and Junior Night – Mark your calendar!

October 19th (5:45 PM - 8:00 PM at GAHS)

GAHS School Counseling is hosting Sophomore and Junior Night – an evening full of informative sessions to help Sophomore and Junior families get resources and information about post-secondary options! We will have workshops on college admissions, PSAT score interpretation and SAT/ACT testing, military options, 2-year college, workforce and apprenticeships, and more!

See flyer for workshop details!

HCPS College and Career Night

November 2nd from 6pm-8pm

Tucker High School

Information will be shared when it becomes available!

AP Exam Registration

If you are taking AP Exams, please register and pay by November 8th!

Register and pay here: www.TotalRegistration.net/AP/470956

Cost: \$100/exam or \$150 for AP Seminar or AP Research (reduced fees are available for students who qualify for free/reduced lunch)

Important Registration Dates

- **September 26 -November 8, 2022-** Window to pay a **\$40 deposit** for each AP exam you would like to order.
- **November 8, 2022-** Deadline to pay **\$40 deposit** for each AP exam you would like to order.
- **November 9, 2022 – March 6, 2023-** Registrations made during this window will incur a **\$40 late fee per exam. Late fees are non-refundable.**
- **March 6, 2023-** Deadline to pay remainder of AP Exam balance in order to sit for AP Exam in May. **AP exam registrations that are not fully paid by Monday, March 6, 2023 will be canceled, and exams will not be ordered**

Financial Aid Presentation Links

If you missed the virtual presentation this past week or would like to go back to it, the recording and slides can be found here:

[Financial Aid Resources for Seniors](#)

Scholarships

Scholarships are starting to come in! Seniors can check our spreadsheet, which we update regularly, for scholarships and instructions on how to apply. The money adds up, so check this often!

[Scholarship Opportunities Class of 2023](#)

Glen Allen High's PTSA

Each year, our College Funding Coach Team partners with Glen Allen's PTSA to teach our free workshop called "Little-Known Secrets of Paying for College". Parents who have attended our workshop in the past have expressed how useful and invaluable the information we share is, so we've always made sure to visit Glen Allen each Fall.

On **Tuesday October 25TH at 7:00 PM**, we will be presenting our workshop in person at Glen Allen High School in the auditorium. The workshop will run approximately 1 hour and 30 minutes. In order to attend the workshop, all you need to do is **register** using this link! <https://www.thecollegefundingcoach.org/class/glen-allen-high-school-3/>

We look forward to having the opportunity to present this information to you. Stay safe and we'll see you on October 25th! ~Your Richmond College Funding Coach Team



LOOKING FOR JAGMART VOLUNTEERS!

The Jagmart is a PTSA-sponsored spirit wear shop located in Commons A. It is open on Fridays during all lunches, as well as after school on Fridays as students are dismissed. In order for the Jagmart to be successful we need your help!

Please consider signing up for a shift to help keep the Jagmart open each week. For first-time volunteers a training session will need to be scheduled, as well as a volunteer form placed on file in the main office.

<https://www.signupgenius.com/go/10c0f4fa9af22a6fac34-jagmart2>

It is also helpful, but not necessary, for volunteers to download the Memberhub Pay app onto their phones.

Please contact Crystal Lett, Jagmart Chair, at cglett@me.com with any questions or to schedule a training session.

"Show Your Voice!"

It is time for the PTA Reflections program. Creative Glen Allen students participate, and our school always succeeds at the county level! This year's theme is "Show Your Voice!" All students can enter in any of the six art categories: dance, film, literature, musical composition, photography, & visual arts. All details can be found here: <https://www.vapta.org/programs/student-programs/reflections>
The student entry form is found here: https://drive.google.com/drive/folders/1o2eY7sj8K28boo8PpJh6Zmx_AUq-Ks8a
ALL submissions should be submitted electronically via email. **All entries are due by Friday, October 28, 2022.** Send to bmorrisfamily@gmail.com. Inquiries about submissions should also be sent to the email address above.
Submit your creative interpretation today!

Dates to Remember

Monday, October 24TH - "Diwali" (Schools Closed)

Tuesday, October 25TH - Parent-Teacher-Student Conferences (4:30 - 7:30 PM) [Sign-up LINK](#)

Thursday, November 3RD - End of Quarter 1

Monday, November 7TH - Schools/Offices CLOSED
Tuesday, November 8TH - Election Day, Student Holiday/Teacher Virtual PL & Clerical Day
Wednesday, November 23RD thru Friday, November 25TH - Thanksgiving Holiday

THIS WEEK'S ATHLETIC & STUDENT ACTIVITIES EVENTS



Please continue to come out and support our athletic programs and other extracurricular activities. Let's GO Jaguars!

Monday, October 17, 2022

4:00PM Fall Play Rehearsal [Auditorium]
5:30PM JV Field Hockey vs. St. Catherine's HS [Hermitage HS]
6:00PM Girls Basketball Open Gym [Hungry Creek MS]
6:00PM Girls JV Volleyball @ Mechanicsville HS
6:00PM Boys JV Volleyball vs. Mechanicsville HS [HOME]
7:00PM Varsity Field Hockey @ Hermitage HS
7:00PM Girls Varsity Volleyball @ Mechanicsville HS
7:00PM Boys Varsity Volleyball vs. Mechanicsville HS [HOME]

Tuesday, October 18, 2022

4:00PM Fall Play Rehearsal [Auditorium]
6:00PM Girls JV Volleyball vs. Patrick Henry HS [HOME]
6:00PM Boys JV Volleyball @ Patrick Henry HS
7:00PM Girls Varsity Volleyball vs. Patrick Henry HS [HOME]
7:00PM Boys Varsity Volleyball @ Patrick Henry HS

Wednesday, October 19, 2022

4:00PM Fall Play Rehearsal [Auditorium]
5:30PM JV Field Hockey vs. Deep Run HS [HOME]
5:45PM College and Career Workshop [Lecture Halls]

6:00PM Girls Basketball Open Gym [Hungry Creek MS]
7:00PM Varsity Field Hockey vs. Deep Run HS [HOME]
7:30PM Choral Boosters Meeting [Room 602]

Thursday, October 20, 2022

4:00PM Fall Play Rehearsal [Auditorium]
5:30PM Girls JV Volleyball vs. Freeman HS [HOME]
5:30PM Boys JV Volleyball @ Freeman HS
6:00PM JV Football vs. Highland Springs HS [HOME]
7:00PM Fall Choral Concert [Auditorium]
7:00PM Girls Varsity Volleyball vs. Freeman HS [HOME]
7:00PM Boys Varsity Volleyball @ Freeman HS

Friday, October 21, 2022

4:00PM Fall Play Rehearsal [Auditorium]

Saturday, October 22, 2022

8:00AM ACT Testing
8:00AM Boys JV Volleyball Tournament vs. TBA [Tucker HS]
12:00PM Varsity Football @ Thomas Jefferson HS

Honoring Julia Budzinski ... 'JB Sunset 5K'

HONOR JULIA BUDZINSKI IN THIS FUN RUN 5K, ALL PROCEEDS GO TO THE JULIA BUDZINSKI SCHOLARSHIP FUND! ALL ARE WELCOME! RUNNERS, WALKERS, AND EVERYTHING IN BETWEEN!!

SATURDAY, NOV. 5, 2022 @ 4:30 PM AT RF&P PARK!

DON'T FEEL LIKE RUNNING, BUT WANT TO HELP? SIGN UP TO VOLUNTEER HERE!

SIGN UP FOR 5K WITH THIS QR CODE!

HTTPS://TINYURL.COM/JBSUNSET5KVOLUNTEER

QUESTIONS OR INTERESTED IN BEING A SPONSOR?? EMAIL US AT JBSUNSET5K@GMAIL.COM